

*Saskia*  
says  
**TRI**  
Run Route



**Directions**

- From Transition Area parking lot (short trail through Normandy Park) turn right onto Normandy Rd.
- Turn left onto Pipeline Road
- Turn left onto Royal Oak Drive sidewalk
- Turn left onto Elk Lake Drive sidewalk
- Turn right back onto Normandy Park trail and continue through parking lot.

- Take small sidewalk from parking lot and left onto Elk Lake Drive.
- Turn around point and back down Elk Lake Drive.
- Turn right onto small sidewalk into Commonwealth Pool parking lot and through the Finish Line!

**Elevation**

Start	Max	Gain
<b>55 m</b>	<b>87 m</b>	<b>54 m</b>

